

Club TLC

A Social Skills Group



Overview

Behavior TLC's Club TLC is an after-school ABA program geared towards improving and teaching social skills, peer interactions, and leisure activities. Leveraging peer groups of up to ten members, Club TLC sessions are facilitated by ABA therapists and designed to meet students' individual social needs. Each ten-week session will target skills aligned to a thematic curriculum. Data collected throughout the session will be used to generate progress reports sent home in five-week intervals.

Curriculum

Club TLC uses various assessment tools to guide instruction, including Socially Savvy: An Assessment and Curriculum Guide for Young Children and the Assessment of Functional Living Skills (AFLS). Data collected through these assessments are also used to ensure that optimal peer groups are assembled, accounting for students' age and their social needs.

The Club TLC program social skills group touches on many social, adaptive, vocational, and self-help topics. These topics are derived from the research-based curriculum, The PEERS Curriculum. Created at UCLA by Elizabeth Laugeson¹, the PEERS is a socially validated curriculum for peer-based social groups. Club TLC also incorporates the teachings of Social Thinking by Dr. Michelle Garcia Winner², a well-known social skills clinician.

Examples of topics that may be addressed throughout sessions include:

- Introductions (i.e., maintaining appropriate eye contact, selecting a greeting, etc.)
- Starting/joining conversations; continuing conversations
- Trading Information Electronic Communication (varies)
- Participating in Holidays and social gatherings
- Choosing Appropriate Friends
- Making friends in the community
- Sportsmanship
- Addressing bullying/teasing



¹Laugeson, E. A. (2014). *The PEERS curriculum for school-based professionals: Social skills training for adolescents with autism spectrum disorder*. New York: Routledge
²<https://www.socialthinking.com/>

Session Schedule and Tuition

Four Club TLC Sessions will be held during the 2023 school year. Each Session is comprised of 20, two-hour lessons. Tuition costs, payment schedules and sessions schedules are detailed below.

Session Rates

Session 1	\$1,500
Session 2	\$1,500
Session 3	\$1,500
Session 4	\$1,200

2023 Session Schedule: Cypress Location Mondays & Wednesdays from 4-6 pm

Cypress Session 1

Week	Monday	Wednesday
1	2/13	2/15
2	Presidents Day (no session)	2/22
3	2/27	3/1
4	3/6	3/8
Spring Break (no sessions)		
5	3/20	3/22
6	3/27	3/29
7	4/3	4/5
8	4/10	4/12
9	4/17	4/19
10	4/24	4/26
11	5/1	

Cypress Session 2

Week	Monday	Wednesday
1	5/8	5/10
2	5/15	5/17
3	5/22	5/24
4	Memorial Day (no session)	5/31
5	6/5	6/7
6	6/12	6/14
7	6/19	6/21
8	6/26	6/28
Summer Break (no sessions)		
9	7/10	7/12
10	7/17	7/19
11	7/24	

Cypress Session 3

Week	Monday	Wednesday
1	7/31	8/2
2	8/7	8/9
3	8/14	8/16
4	8/21	8/23
5	8/28	8/30
6	Labor Day (no session)	9/6
7	9/11	9/13
8	9/18	9/20
9	9/25	9/27
10	10/2	10/4
11	10/9	

Cypress Session 4 (8 weeks)

Week	Monday	Wednesday
1	10/16	10/18
2	10/23	10/25
3	10/30	11/1
4	11/6	11/8
5	11/13	11/15
6	11/27	11/29
7	12/4	12/6
8	12/11	12/13